

CROSSFIT ROCALLA

HORARIOS ABRIL 2021



HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
8:00	CROSSFIT	CROSSFIT	OPEN	CROSSFIT			
9:00	HALTEROFILIA	OPEN	HALTEROFILIA	OPEN	HALTEROFILIA		
10:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	OPEN	OPEN
11:00	OPEN	OPEN	OPEN	OPEN	OPEN	CROSSFIT	OPEN
12:00	OPEN	OPEN	OPEN	OPEN	OPEN	CROSSFIT	CROSSFIT
13:00	OPEN	OPEN	OPEN	OPEN	OPEN		
14:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
15:00	OPEN	OPEN	OPEN	OPEN	OPEN		
16:00	OPEN	OPEN	OPEN	OPEN	OPEN		
17:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
18:00	CROSSFIT CROSSFIT BASICS	CROSSFIT CF ENDURANCE	CROSSFIT CROSSFIT BASICS	CROSSFIT	CROSSFIT		
19:00	GIMNÁSTICOS CF ENDURANCE	CROSSFIT HALTEROFILIA	GIMNÁSTICOS CF ENDURANCE	HALTEROFILIA	CROSSFIT		
20:00	CROSSFIT HALTEROFILIA	CROSSFIT	CROSSFIT HALTEROFILIA	CROSSFIT CROSSFIT BASICS			
21:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT			